2023 WORLD HEPATITIS DAY ART CONTEST
WINNING SUBMISSIONS
List of Winners (Female Category)

First Place Prize

Tamara S, Edmonton Institution for Women, AB

VIRAL HEPATITIS

- WE ARE NOT WAITING -

GET VACCINATED
GET TESTED
GET TREATED
YOur HEALTH IS #1

LEFT UNTREATED, 
V H CAN CAUSE 
LIVER DAMAGE 
& CANCER 
LET'S PREVENT IT
List of Winners (Female Category)

Second Place Prize

Melena P, Grand Valley Institution for Women, ON

People with hepatitis A, B and C do not always have symptoms but they can still transmit the infection to others.

HEPATITIS AWARENESS

Know your status

GET TESTED!

There are 600,000 Canadians living with hepatitis
List of Winners (Female Category)

Third Place Prize

Spencer S, Grand Valley Institution for Women, ON
List of Winners (Female Category)

Appreciation Prize

Jessica S, Central Nova Scotia Correctional Facility, NS
List of Winners (Female Category)

Appreciation Prize

Crystal H & Tiffany M, Central Nova Scotia Correctional Facility, NS
List of Winners (Female Category)

Appreciation Prize

Elesha D, PE Provincial Correctional Centre, PEI

Did you know?
- There are 1,000,000 Canadians living with hepatitis.
- Only one in ten people know they have hepatitis and many think they have it.
- People with hepatitis A, B, and C do not always have symptoms, but they can still transmit the infection to others.
- There are five main types of hepatitis: A, B, C, D, and E.
- Currently, 350 million people around the world live with hepatitis.
- Viral hepatitis is an infection of the liver caused by one of the five hepatitis viruses.
- Untreated viral hepatitis can cause liver damage and cancer.
- Hepatitis A and B are preventable with vaccines.
- Hepatitis C is curable with treatment lasting for a little over eight weeks.
- Getting tested is the only way to know if you have hepatitis A, B, or C.
- 90% of hepatitis C patients can be cured within three to six months.

WE ARE NOT WAITING WORLD HEPATITIS DAY

How does the virus spread?
- Hepatitis A and E: spread through lack of food hygiene, contaminated water, and sub-standard sanitary facilities.
- Hepatitis B, C, and D: spread through blood, semen, and other bodily fluids.

Prevention:
- Get vaccinated.
- Don’t share tattooing, piercing, or piercing equipment.
- If you use drugs, use clean syringes, tattooing, and piercing equipment.
- Use a condom or dental dam and water-based lubricant for safer sex.
- Don’t use someone else’s toothbrush, nail clippers, or anything that could have blood on it.
- Vaccines: you can get vaccinated against hepatitis A and B. There is no vaccine for hepatitis C.
- Testing: testing is widely available and strongly recommended.
- Treatment: You can get treated for hepatitis B and C. Although treatments are expensive, early detection significantly increases the chances of successful treatment.
- Hepatitis A has no treatment, but it is a self-limited disease, meaning the body resolves the infection naturally.

If you care do not share!
- Snorking
- Needles
- Don’t share

You could make a difference. You have nothing to lose by getting tested.
List of Winners (Female Category)

Appreciation Prize

Tabhita E, Grand Valley institution for women, ON
List of Winners (Male Category)

First Place Prize

Jesse C, Nanaimo Correctional Centre, BC
List of Winners (Male Category)

Second Place Prize

Mark T, Bowden Institution, AB
List of Winners (Male Category)

Third Place Prize

Ryan H, Etablissement de Port-Cartier, QC
List of Winners (Male Category)

Appreciation Prize

Patrick D, Regional Reception Centre, QC
List of Winners (Male Category)

Appreciation Prize

Roderick P, Regional Treatment Centre, BC
List of Winners (Male Category)

Appreciation Prize

Michael G, PE Provincial Correctional Centre, PEI
List of Winners (Male Category)

Appreciation Prize

Ty A, PE Provincial Correctional Centre, PEI

GET VACCINATED
USE CONDOMS
DON'T SHARE NEEDLES

HEPATITIS
“WE ARE NOT WAITING”