

Principles for Making Equity-Centred Choices

The CCGHR Principles were developed through a multi-phase, dialogue-based research process led by the Canadian Coalition for Global Health Research. Health inequities are avoidable consequences of actions and contexts that disproportionately advantage some groups over others. They negatively affect human rights, including the right to health. These principles can support groups at any level of governance or decision-making, across a variety of contexts, to make equity-centred choices for more ethical and equitable responses in their work.

Use these principles as a guide for dialogue to: (a) identify the equity issues inherent in any kind of scenario, initiative, or decision; (b) explore equity options available; (c) make and document the equity-centred choices.

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Practice humility

How are we talking about our motivations for being involved in this work? How am I (are we) positioning ourselves? How are we listening to and learning from others?

Act on the causes of inequities

What are the causes (and the causes of causes) of inequities related to the issue or context? What am I (are we) doing to respond to those causes of inequity?

Commit to the future

How are contexts of global connectedness and solidarity being considered? How does this work contribute to a more equitable future?



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Open-access companion booklet available through the Canadian Association for Global Health at: <https://cagh-acsm.org/en/resources/ccghr-principles-global-health-research>



Partner authentically

How do we know we understand the equity issues in this work? How am I (are we) assessing equity? How are our day-to-day routines and decisions promoting equity?

Embrace inclusion

How do our daily practices enable participation of people who navigate unearned, systemic exclusions? How are we examining and mitigating unearned systemic advantage?

Create shared benefits

How are we talking about the impacts and distribution of benefits of this work? How are different groups benefiting from this work? What are we doing to ensure people most affected have a meaningful opportunity to experience improvements in their living conditions or opportunities as a result of this work?

This one-page summary was adapted from the original CCGHR Principles by K. Plamondon (2022); for more, see: Plamondon, K. M., & Bisung, E. (2019). The CCGHR principles for global health research: Centering equity in research, Knowledge Translation, and Practice. *Social Science & Medicine*, 239, 112530. <https://doi.org/10.1016/j.socscimed.2019.112530>